

■ Community Landscape Worksheet

Caring for Children With Prenatal Alcohol Exposure and FASDs in Child Welfare

This worksheet¹ is designed to help you keep track of fetal alcohol spectrum disorder (FASD) resources and services in your area. By filling in the worksheet with contact information for providers and partners in your community, you can make sure you are ready to connect families with FASD support services.

You can also access national organizations, like [FASD United](#), for FASD diagnostic, service, and support resources. The [FASD United Family Navigator Program](#) offers one-on-one peer support, referrals to FASD resources and services, and information about prenatal alcohol exposure.

When making referrals to FASD services, consider these practices:

- **Engage with Providers:** Talk to service providers before referring families to understand the services they offer, their experience with FASDs, spoken languages, and costs.
- **Coordinate a Warm Handoff:** When possible, help families connect directly with the provider or offer support if they are placed on a waiting list.
- **Discuss Potential Barriers:** Talk about any potential barriers (like transportation, child care for siblings, or concerns about shame and judgment from an FASD diagnosis) before appointments and provide solutions and support.
- **Help Families Prioritize:** Assist families in prioritizing recommendations and referrals to other services, as this can be overwhelming for parents and caregivers.
- **Ensure Understanding:** Make sure families understand and are using new resources, strategies, or tools. If they are not, find out why and what they need to support this.
- **Check Effectiveness:** Ask families if the services are making a difference. It's important to know what is and isn't working well.
- **Follow Up:** Ask families about their experiences with services and follow up with providers to see if families received the services. Note any providers who are not meeting the family's needs and find out why. This information will help decide if future referrals will be made. Follow up with leadership about any concerns with service providers.

¹ Information included in this worksheet is adapted from Ahsan & Morrison (2018).

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Service Provider / Community Partner	Name(s)	Contact Information	Contacted?
Medical Providers (including diagnostic services)			
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
Behavioral Health Providers			
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
State FASD Advocacy Organizations			
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
Early Intervention Services (including physical therapy and occupational therapy)			
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
Education Programs and Services			
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
Child Welfare Court System			
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet
			☐ Yes ☐ Not Yet

References

Ahsan, N. & Morrison, S. (2018). *Practice guide for Connecticut DCF caseworkers serving infant, toddlers, and young children and their families*. Center for the Study of Social Policy.