

PRE/POST TEST

Please choose the best answer for each item.

1. Which statement indicates a healthcare and/or helping professional who recognizes how to control his/her personal values in options counseling:
 - Research says that adopted babies of teens tend to have fewer behavior problems.
 - I would discuss adoption with my family before making a final decision.
 - You might refuse information, but I'm here to support your decision.
 - I imagine parenting another child will not be too difficult.

2. What should a healthcare and/or helping professional say about grief and loss to a pregnant woman considering adoption:
 - Loss is part of the process that will ultimately be resolved.
 - Grief and loss is a part of every adoption.
 - Adoption does not have to result in feelings of grief and loss.
 - Ongoing contact will reduce some of your anxieties about the child.

3. Birth Parents have the right to:
 - Determine adoption fees and expenses.
 - Develop adoption plans.
 - Participate in the home study.
 - Terminate the adoption even after the adoption is finalized in court.

4. The Multi-Ethnic Placement Act as amended by the Interethnic Adoption Provision (IEP):
 - Mandates that federal agencies specify the race, color, or national origin of adoptive children.
 - Ensures that in federal agency adoptions and, if deemed best for the child, adoptions are delayed to ensure that adoptive families and children share race, color or national origin.
 - Monitors agencies that place too many children with families who share their culture.
 - Ensures that federally funded agency adoptions are not delayed based on the race, color or national origin of either the child or adoptive parent.

5. With semi-open adoption:

- The adoptive family receives identifying medical and social history on each birth parent and their family.
- Birth parents and adoptive parents may maintain contact through a third party.
- Members of the adoptive triad are required to participate in the child's life.
- Birth parents and adoptive parents maintain contact with each other until the adoption is finalized.

6. With a fully disclosed or open adoption:

- Contact between birth and adoptive families occur with an agency acting as intermediary.
- There is full disclosure of identifying information between adoptive and birth families.
- Adoptive parents are federally mandated to allow birth parents continued contact with the child.
- Birth parents experience less severe grief and loss.

7. To engage birthfathers and to make them feel comfortable, healthcare and/or helping professionals should:

- Call the father after the birth.
- Invite him to the initial visits.
- Provide support for his emotional and psychological reactions.
- Talk to him face to face.

8. Adoption Laws:

- Include guidelines at the federal level only.
- Are specific to each state and may change over time.
- Include guidelines at the state level only.
- Should be presented by an adoption attorney or expert.

9. In cross cultural options counseling, the healthcare and/or helping professional:

- Assists patient/clients from diverse backgrounds in seeing adoption as an appropriate option.
- Includes the extended family in the decision-making process.
- Should have an interpreter present.
- Recognizes that cultural factors influence the decision-making process.

10. Choose the most appropriate way to refer to the process of adoption:

- Put up for adoption.
- Give the baby up for adoption.
- Make an adoption plan.
- Facilitate permanency and care.

11. Referral information works best when it is:

- Provided by the provider, who makes the initial contact.
- Provided in multiple formats.
- Provided by the contact person.
- Provided with testimonials.

12. The term “put up for adoption” originated from:

- The Child Protective Law.
- The Multi-Ethnic Placement Act.
- Orphan Trains.
- The Safe Haven/Safe Delivery Law.

Fill in the Blank.

13. What is the accurate and most neutral language to use to describe the biological parent(s)? They are the _____.

14. Relative adoptions are also referred to as _____.

15. The _____ is the law that governs the adoption of the Native American infants.

16. Nondirective, noncoercive counseling methods present information and options through the use of _____.

For each question please darken bubble either True or False.

	True	False
17. To be culturally sensitive, a healthcare and/or helping professional should be aware that they probably lack complete knowledge about a patient/client's family and culture, even if they share their race/ethnicity.	<input type="radio"/>	<input type="radio"/>
18. Open adoption is a cure for grief and loss.	<input type="radio"/>	<input type="radio"/>
19. Relative adoptions are temporary, but legal arrangements.	<input type="radio"/>	<input type="radio"/>
20. The purpose of the Multi-Ethnic Placement Act is to permit the adoption of Indian children by non-Indian parents so that they are not in the child welfare system too long.	<input type="radio"/>	<input type="radio"/>
21. Federal legislation requires the delaying of a child's adoption on the basis of the race of the child or the foster/adoptive parents.	<input type="radio"/>	<input type="radio"/>
22. Non-identifying information (medical and social history on each birthparent and their family) must be shared with adopting parents.	<input type="radio"/>	<input type="radio"/>
23. Birthparents may be responsible for paying back legal, counseling or medical expenses if they change their mind about the adoption.	<input checked="" type="radio"/>	<input type="radio"/>
24. A woman who places a baby for adoption is entitled to receive information about her child in the future, regardless to what the adoptive parents say.	<input type="radio"/>	<input type="radio"/>
25. In the past, birth parents were often coerced into placing a child with someone else due to financial situations or social factors.	<input type="radio"/>	<input type="radio"/>
26. If the father does not agree with the adoption, the mother can make the final decision herself if she judges him unfit.	<input type="radio"/>	<input type="radio"/>
27. Pregnant adolescents often have realistic expectations about parenthood because of their prior experiences.	<input type="radio"/>	<input type="radio"/>
28. Research shows that pregnant teens in early adolescence (11-14 years) are able to make good decisions for themselves and their child.	<input type="radio"/>	<input type="radio"/>
29. Pregnant teens are realistic about the challenges of parenting.	<input type="radio"/>	<input type="radio"/>
30. Even if the birth mother refuses information, all pregnancy options should be discussed.	<input type="radio"/>	<input type="radio"/>
31. Adoptive parents and birth parents have the option to negotiate an "open" adoption.	<input type="radio"/>	<input type="radio"/>
32. It is important for staff who provide options counseling to agree with the patient/client's decision.	<input type="radio"/>	<input type="radio"/>
33. A birth mother can change her mind before signing the legal consents/relinquishments to the adoption.	<input type="radio"/>	<input type="radio"/>

34. Whether a birth mother can afford to pay adoption fees should be part of her pregnancy options decision. ○ ○
35. An adoption agency that receives federal funds may steer a birth parent to adoptive parents by race, color, or national origin. ○ ○
36. A birth mother cannot make her legal decisions about adoption until after the baby is born. ○ ○

37. Match the description to the nondirective, noncoercive technique by filling in the correct bubble. There is only one technique for each description.

Description	Technique						
	Responding Nonjudgmentally	Rapport Building	Empowerment/Strength-Based Comments	Defusing Anger	Open-ended Questions	Empathy	Reflective Listening
Involves developing trust through verbal and non-verbal means.	○	○	○	○	○	○	○
Assessing own values and beliefs so they don't interfere with their counseling.	○	○	○	○	○	○	○
Listening respectfully to the patient/client's concerns.	○	○	○	○	○	○	○
Identifying and complimenting strengths in order to help a patient/client take control of the situation.	○	○	○	○	○	○	○
Identifying and responding to the underlying issues and shifting the patient/client's perspective.	○	○	○	○	○	○	○
Paraphrasing patient/client's responses.	○	○	○	○	○	○	○
			Strongly Agree	Agree	Neither Agree or Disagree	Disagree	Strongly Disagree
38. I feel knowledgeable enough to present adoption as an option in family planning/options counseling.			○	○	○	○	○
39. I feel comfortable and confident enough to present adoption as an option in family planning/options counseling.			○	○	○	○	○